

Russian senator wants to ban quadrobics

Vocabulary Match

- senator ● harm ● criticized ● incident ● psychologists ● socialization ●
- blamed ● politician ● interaction ● hurt ● event ● therapists

Article

A Russian senator wants to ban quadrobics, a trend where young people act like animals using all four limbs. This trend started with Kenichi Ito, a Japanese runner who set a world record by running on all fours like a monkey. Senator Natalia Kosikhina believes quadrobics can harm mental health and lead to dangerous situations.

The debate began when pop singer Mia Boyka criticized a young fan for being a "quadrober" during a concert. The incident received mixed reactions, with some celebrities supporting the girl and others condemning Boyka's actions. Critics say quadrobics could negatively affect children's mental health and report incidents of quadrobbers attacking people.

However, some psychologists argue that quadrobics is a harmless form of socialization and play.

Quiz

1. What does Senator Natalia Kosikhina think about quadrobics?
2. Why did pop singer Mia Boyka criticize a young fan during a concert?
3. What do some psychologists say about quadrobics?

Conversation

- A: Did you hear that they want to ban quadrobics?
- B: Yeah, it's all over the news. Do you think it's as bad as they say?
- A: I don't know, but some people say it might affect mental health.
- B: It would definitely affect my physical health. I'd trip over my own hands!
- A: Haha, yeah, you'd need to wear a helmet!
- B: I guess it really is dangerous!

Discussion

1. What do you think about quadrobics?
2. Do you think you could sprint 100 metres on all fours?
3. What social media trends have you seen that could be harmful?
4. How do you usually socialize with friends?