

McDonald's exercise bike video goes viral

Vocabulary

supposedly stationary to consume to confirm intriguing

Article

A video on TikTok that supposedly shows a woman eating at McDonald's whilst riding a branded exercise bike has gone viral.

Posted by user cris13yu, the video shows a woman eating a burger and drinking as she moves about on a stationary exercise bike that sports the McDonald's logo.

With 24.5 million views, 1.7 million likes and over 33,000 comments, the video has now gone viral and the comments are varied.

One user said, "This is like using your phone while charging."

Another added, "Still more calories consumed than burned."

Another person said, "This concept is amazing."

The location of the McDonald's branch has not yet been confirmed.

The video was also reposted by popular food page Food God, which reposts intriguing food content and as a result, has 8.2 million followers on the platform.

Quiz

1. What was the woman doing whilst riding the exercise bike?
2. Why does Food God have over 8 million followers?

Conversation

- A: Okay team, our customer numbers are down again. What's the problem here?
- B: Well boss, I think it's clear now that people are trying to be more health-conscious.
- A: Fine. So, what can we do about it? We need to get moving and fill these seats!
- B: Wait... that's it! What if we replaced all the chairs with exercise bikes?

Discussion

1. What do you think about the article? Would you like to try the McDonald's bike?
2. How often do you eat fast food? What are your favorites?
3. Are you health-conscious? What do you do to stay healthy?