

Forever Young

developed	Japan is an economically developed country.
wealthier	He became wealthier after he won the lottery.
average length of life	The average length of life in Japan is 84 years.
healthier lifestyles	People who exercise regularly tend to have healthier lifestyles.
associated with	Smoking is associated with various illnesses.
high blood pressure	High blood pressure is a common health problem.
heart disease	Heart disease is a leading cause of death in many countries.
illnesses	Influenza and headaches are different types of illnesses.
serious illness	Cancer is a serious illness that requires medical treatment.
become ill	If you become ill, you should see a doctor.
medicine	Medicine can help treat various health conditions.
medical care	His grandmother needs medical care for her knee.
consequence	If you don't study, the consequence may be a bad grade.
promote	The school will promote healthy eating during lunch time.
governments	Governments play a role in promoting public health.
likely to	People who smoke are more likely to develop lung cancer.
functions	Healthy eating is essential for the proper functions of our body.
researcher	The researcher studied the effects of exercise on mental health.
chemical	Chemicals can be harmful to our health if not handled properly.
the effects of age	A healthy diet can help reduce the effects of age.
effective	Vaccines are an effective way to stop sickness from spreading.
trend	More people are reading electronic books, it's a trend.
gap	The gap between rich and poor is growing.
decades	Technology has advanced rapidly over the last few decades.
for instance	You should eat healthy foods, for instance, fruit and vegetables.
regularly	It is important to exercise regularly to maintain good health.
prevent	Regular hand washing can help prevent the spread of germs.
eventually	If you keep practicing, you'll eventually get better.