

Ryota learns to cook

Warm-up

1. Do you like to cook? What do you like to cook? *(Yes, I do. I like to cook...)*
2. What is your favorite food? Why? *(My favorite food is... because...)*
3. Have you ever made dinner for your family? What did you cook? *(Yes, I have. I made...)*

Vocabulary Match

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|------------------|-------------------|--------------|----------------------|
| 1. ingredients ● | ● food parts | 5. noodles ● | ● cut |
| 2. stir ● | ● cooking steps | 6. chop ● | ● pasta |
| 3. vegetables ● | ● mix | 7. sauce ● | ● happy |
| 4. recipe ● | ● carrots, onions | 8. excited ● | ● ketchup, soy sauce |

Story

Ryota is a young boy in Japan. He wants to learn how to cook. One day, his mother tells him they will make dinner together. Ryota is very excited. They decide to cook a simple dish called yakisoba. First, they look at the recipe. The recipe tells them what ingredients they need and how to cook the dish. Ryota and his mother go to the store to buy the ingredients. They buy vegetables, noodles, and sauce.

At home, they start cooking. Ryota helps his mother chop the vegetables. They cook the vegetables in a pan. Then, they add the noodles and sauce. They stir everything together. When the yakisoba is ready, Ryota and his mother share the delicious meal. Ryota is happy because he learns to cook a tasty dish.

Quiz

1. What do Ryota and his mother decide to cook?
2. What do they need to buy at the store?

Conversation

- Ryota: Mom, can I help you cook dinner tonight?
- Mother: Of course, Ryota! That's a great idea. What would you like to cook?
- Ryota: How about we make yakisoba? I really like it!
- Mother: That sounds delicious. Let's go to the store and buy the ingredients.
- Ryota: I'm excited to learn how to cook, Mom.
- Mother: Me too, Ryota. Cooking together will be fun!

Discussion Questions

1. What dish would you like to learn how to cook?
2. Do you think cooking is an important skill? Why or why not?
3. What are you going to have for dinner tonight? Will you cook it?