

Talking about daily routines

Do you have a morning routine? (Yes, I do. I usually...)

Vocabulary Match

1. cereal 2. annoying 3. toast 4. breakfast 5. usually 6. office
- ___ frustrating ___ company ___ morning meal ___ cornflakes ___ grilled bread ___ often

Conversation

Sophie and Tom discuss their daily routines, from waking up to their work schedules and breakfast choices.

- Sophie: Hi, Tom! How's your day going? Do you have a busy routine?
- Tom: Hi, Sophie! Yes, my weekdays are busy. I wake up at 7 a.m. and have ____.
- Sophie: That's quite early! What do you ____ have for breakfast?
- Tom: Just a slice of ____ and a cup of tea. How about you? What's your morning like?
- Sophie: I wake up at 8 a.m. and start with a quick, cold shower. Then I have some ____ and coffee.
- Tom: A cold shower? That'll wake you up! What do you do after breakfast?
- Sophie: I take the bus to the _____. It gives me time to read. How about you?
- Tom: I drive to work. It's faster than the bus, but traffic can be _____.

Quiz

1. What time does Tom wake up?
2. What does Tom have for breakfast?
3. Where does Sophie take the bus to?
4. How does Tom get to work?

True or False

- | | |
|---|--------------|
| 1. Sophie takes a cold shower in the morning. | True False |
| 2. Sophie has toast and cereal for breakfast. | True False |
| 3. Tom is annoying. | True False |

Discussion

1. What time do you usually wake up?
2. Do you prefer tea or coffee in the morning?
3. How do you get to work or school?
4. What's your favourite breakfast food?
5. Are you a busy person? What's your daily routine?