

Exploring British cuisine and modern food trends

Have you ever tried traditional British food?

Vocabulary Match

1. traditional 2. plant-based 3. textures 4. variety 5. evolving 6. tricky

___ feel ___ adapting ___ old ___ hard ___ choices ___ vegetable

Conversation

Emma and Oliver chat about British food, its changing trends, and how traditional dishes are being influenced by international flavours.

Emma: Tried any proper British food recently? It's always interesting how much _____ there is.

Oliver: Actually, yeah. I had a go at making beef Wellington last weekend. It's _____ to get right, but worth the effort.

Emma: Oh, definitely. There's so much going on with the flavours and _____. Have you noticed any new food trends around?

Oliver: Yeah, _____ dishes seem to be everywhere. Even things like vegan Sunday roasts are becoming a thing.

Emma: That's cool. I love how _____ recipes are getting a modern twist. Have you tried anything a bit different lately?

Oliver: I did! I had a curry pie the other day. It's such a clever mix of British and Indian flavours, and it was so good.

Emma: That sounds amazing. It's great how British food's _____ with all these influences.

Oliver: Totally. It's brilliant how creative people are getting with it.

Quiz

1. What did Oliver try to make last weekend?
2. What type of dishes does Oliver say are becoming popular?
3. What did Oliver try that was a mix of British and Indian flavours?
4. How does Emma feel about traditional recipes getting a modern twist?

True or False

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| 1. Oliver finds beef Wellington easy to make. | True False |
| 2. Emma mentions vegan Sunday roasts. | True False |
| 3. Oliver enjoys the mix of British and Indian flavours. | True False |

Discussion

1. What is your favourite British dish?
2. Have you ever tried making a complicated dish?
3. What do you think about plant-based diets?
4. Do you enjoy trying foods with mixed cultural influences?
5. What's a traditional dish from your country that you love?